



Bedfordshire & Luton  
Community Foundation

# Annual Report 2023

**We have benefited from the approach of BLCF staff, where there is an understanding of some of the challenges faced by small charities. BLCF staff have been very responsive to any requests or need for further support/guidance.**

Luton Carnival Arts

**We greatly value the support of BLCF, particularly how you seek to be a responsive funder; responding to the needs of beneficiaries and the services supporting them. Thank you for listening to feedback we have shared, and for advocating on behalf of the local community our organisation is here to support.**

Azalea

**We are enormously grateful to the donors and BLCF for their continued support for our work providing vital fun, social and learning opportunities for disabled young people in Luton and Central Bedfordshire and, on behalf of our staff, Trustees and disabled young members, we would like to take this opportunity to thank you again for the support for our work which really is appreciated.**

Families United Network

**As always, the Grants team at the BLCF are approachable and helpful when you call to discuss any element of the grant. I felt heard when feedback from previous reports has been acted upon. We would be delighted to welcome you to Keech to show you in person the difference that your grants make.**

Keech Hospice

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# Local Focus

Welcome to this publication showcasing the Bedfordshire and Luton Community Foundation. I'm the Chair, and I'm thrilled to share our community's efforts supported by philanthropists and businesses.

Our mission is simple: we're here to strengthen communities in Bedfordshire and Luton. This publication demonstrates our commitment to creating positive change together.

Philanthropy is a game-changer. It's not just about money; it's about believing in communities' potential to overcome challenges. We connect philanthropists' generosity with local needs, creating real impact through smart funding and partnerships.

What sets us apart is our deep understanding of our community. We're a part of it, not just observers. This helps us identify the most pressing needs and respond effectively. Our approach is personal and inclusive, ensuring our projects address the community's unique requirements.

But we're not alone. Our philanthropic partners and businesses are vital. To our philanthropists, your support drives us forward. Your dedication pushes us to aim higher. And to our business partners, your commitment to social responsibility shows how businesses can be a force for good.

This publication gives you a taste of our diverse projects. From promoting the skills and opportunities for more people to engage in employment and our local economy, to championing better mental health, equality and stronger communities and tackling the climate emergency and the environment, each project showcases our dedication to holistic development. Through stories of resilience and innovation, we hope to inspire more people to join us.

As you read, imagine a community where potential flourishes, opportunities are everywhere, and hope radiates. The Bedfordshire and Luton Community Foundation isn't just an organisation; it's a movement. We're creating a future where compassion, collaboration, and progress shape our communities.

For those considering partnering with us – whether as philanthropists or businesses – I invite you to join this journey. Together, we'll make a lasting impact.

Huge thanks to everyone contributing to our success. Your support means everything to our communities. Let's keep working together, building strong ties, and leaving behind a legacy of positive change.

Thank you.



**Viviane Vayssieres**

Chair, Bedfordshire and Luton Community Foundation

**It's not just about money;  
it's about believing in  
communities' potential  
to overcome challenges.**

# Lasting Change

During 2023, the legacy impact of COVID-19 continued to impact the rebuilding of the VCSE sector. Groups facing inequality sought support, prompting us to focus on these needs. We joined FREA, adopted IVAR's principles, joined BAOBAB's inequity network, and played a foundational role in Luton's Fairness Taskforce.

A significant highlight was our Vital Signs research, published in July 2023. Its insights guide ongoing strategies and our plans to meet evolving VCSE sector needs. We developed and published a new Guide to Giving to support and encourage local philanthropy.

Our grants income increased by 50%, as we attracted new funders, expanding our open grants program. Working with 17 donors across 22 funds, we awarded £4.8 million in 284 grants, benefitting an estimated 223,000 individuals.

We expanded our newsletter's reach and started a new newsletter aimed at local entrepreneurs and corporates.

We participated in community and business events, including chairing the Luton 2040 conference, where we strengthened partnerships. We partnered with the University of Bedfordshire to start to develop a CPD programme.

Embracing the Funders Commitment on Climate Change, we launched the Greener Futures Fund with London Luton Airport.

Our pioneering approach to social value led us to work with Luton Council, and we are planning a portal for businesses to contribute to community well-being across all Unitary Authorities.

Looking ahead, we continue to deliver crucial grants programmes, including the Luton Rising Community Investment Fund, and we will embark on a Creative Hub project: @HOME. This heritage-led redevelopment aims to enhance our sustainability and community impact.

The past year presented challenges and triumphs as ever and we are excited about future projects and sustaining our mission for years to come.

BLCF works as a team, and our achievements would not have been possible without the help and support of all our staff and trustees past and present.

**Our pioneering approach to  
social value led us to work  
with Luton Council.**



**Karen Perkins**

CEO, Bedfordshire and Luton Community Foundation

 To read our Strategic Plan: **Local Focus, Lasting Change** [CLICK HERE](#)

# Meet the Team



**Karen Perkins**  
CEO



**Francesca Johnstone**  
Head Of Impact & Programmes



**Daniel Douglas**  
Head of Business Development



**Jaqui Childs**  
Finance Consultant



**Emily Butterworth**  
Senior Grants Manager



**Rae Rahman**  
Grants Manager



**Suzanne France**  
Grants Manager



**Amanda Denholm**  
Communication Administrator



**Deborah Hathaway**  
Grants Administrator

# Meet the Trustees



**Viviane Vayssieres**  
Chair of the Board of Trustees,  
Chair of the Fund Development Committee



**Sue Hughes**  
Vice Chair, Incoming Chair of Trustees. Member of the Fund Development Committee



**Judith Barker**  
Chair of the Governance Committee



**Chris Collett**  
Chair of the Finance Committee



**James Western**  
Chair of the Fund Development Committee



**Aimee Gomez**  
Member of the Fund Development Committee



**Rory Herbert**  
Member of the Finance Committee & Young Trustee Ambassador



**Lorraine Hughes**  
Member of the Governance Committee & EDI Champion



**Ian Taylor**  
Member of the Fund Development Committee

 Are you interested in becoming a Trustee of the Bedfordshire and Luton Community Foundation? To find out more information [CLICK HERE](#)

## Our Vision

A Bedfordshire which is thriving, collaborative and inclusive – where there is opportunity for all and the lives of the most disadvantaged have been transformed through innovative, community-based solutions.

## Our Values

- Ready to Challenge
- Deliver Lasting Change
- Embrace Opportunities
- Always Accountable
- Local Focused
- Ever Curious
- Highly Skilled
- Reflect and Represent

## Our Role

- Grantmaker
- Philanthropic Advisor
- Community Leader

## Our Priorities

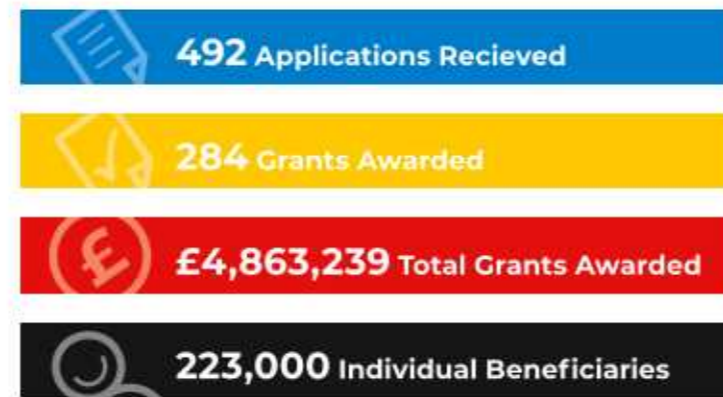
- To eradicate poverty in our county
- To create a healthy Bedfordshire
- To grow stronger communities

## Our Golden Threads

- Addressing inequality across all protected characteristics
- Listening and learning from our community partners
- Contributing to addressing the Climate Crisis

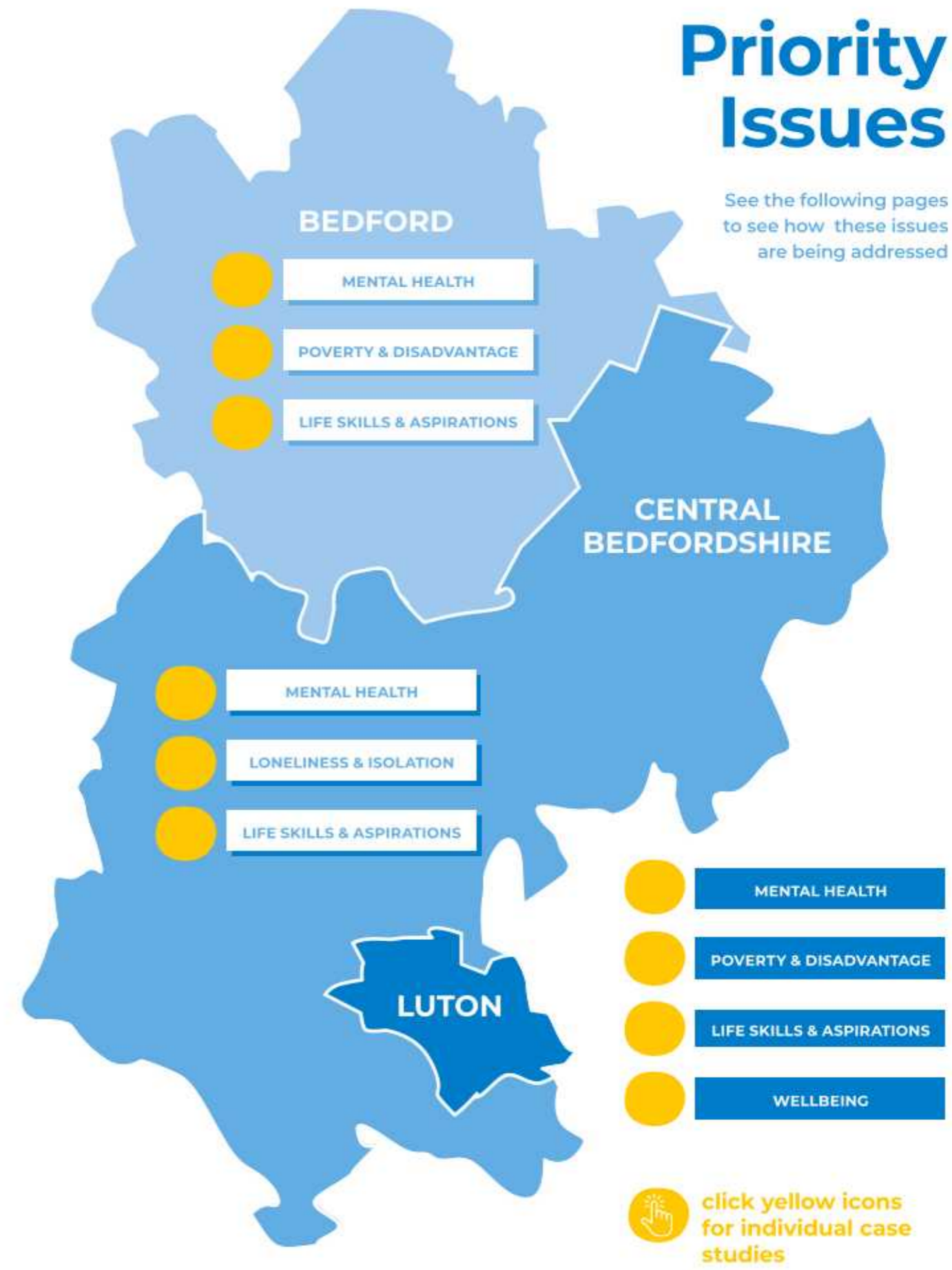
# Bedfordshire

## OUR COUNTY IN DATA



# Priority Issues

See the following pages to see how these issues are being addressed



# BEDFORD

## Faith in Queen's Park

**Theme: Mental Health**

**Area: Bedford**

Faith in Queen's Park started as a multi-faith collaboration between All Saints Church, Jamia Masjid Gulshane Baghdad Mosque and Guru Nanak Gurdwara in Queen's Park, Bedford. Since 2010 they've been working as a registered charity to support youth work and community development in the area.

The Bedfordshire Stability Fund enables the organisation to train people who are delivering youth projects such as basketball and football coaching, to ensure that best practices are being shared and the volunteer sector remains resilient. They developed a pilot 13 week wellness programme to roll out initially in their cricket club. The programme leads young people aged 11-16 in developing tools for identifying triggers for stress and anxiety, learning coping mechanisms and developing positive life skills. They also learn how to relate well with others in their team and achieve more together.

Following delivery of the training in Health and Wellbeing to the cricket club, Faith in Queen's Park are developing a training programme for young people's wellbeing, aimed at voluntary leaders from across the community.



# BEDFORD

## Bedfordshire Refugee & Asylum Seeker Support

**Theme: Poverty and Disadvantage**

**Area: Bedford**

Bedfordshire Refugee and Asylum Seeker Support works with refugees and asylum seekers arriving and living in Bedford and the surrounding area. They provide advice on a range of issues, English language tuition and social activities including a women's group and gardening. During this year they delivered services for approximately 475 refugees, asylum seekers and their families to overcome poor quality of life, isolation and exclusion. They provide dedicated, specialist support to enable beneficiaries to gain knowledge, learn new skills, integrate and reach independence.

They were supported through the Bedfordshire Stability Fund to remain in their premises in the town centre of Bedford, to ensure that the provision of services could continue without disruption.

On a practical level the organisation has been able to double the hours of the Office Manager role; attract the support of additional volunteers to help running drop-in sessions, classes and social activities; and provide support for refugees and asylum seekers newly accommodated in Sharnbrook.

**One of my clients is disabled and the house was not suitable for his health needs so BRASS liaised with the council's housing officers to find a solution. We all worked hard to find the family a house with bedroom and bathroom downstairs to help the client to access the toilet and shower without any issues. The client is much happier and more settled now and appreciated all our effort to help him.**

Drop-In Advisor



# BEDFORD

## Living it Up CIC

**Theme: Live Skills and Aspirations**  
**Area: Bedford**

Living It Up was founded in 2006 with the aim of providing safe and fun pub and club-style events for people with learning disabilities. It was set up in response to MENCAP's Stay Up Late campaign. Most people with learning disabilities aren't able to lead full and active social lives because their support workers finish at 10pm. Living It Up believes that people with learning disabilities have the right to stay up late and have some fun.

They were supported by the Bedfordshire Stability Fund to return to in-person events following the impact of COVID-19, and to support the growth of the charity to support more people.

Living It Up has 5 services for adults with learning disabilities and or autism: the Living It Up Events service (bi-monthly discos), a Performing Arts Centre (daytime sessions four days a week), Gr8 Mates (for people looking for a friend or partner), Gig Buddies (a befriending service which provides trained volunteers to support participants to go out socially) and a wheelchair accessible Community Centre.

**The events are amazing, it's fun to spend time with friends.**

**They are not boring, they are fun. I like dancing.**

**It feels like we are on our own top of the pops set.**

**Fabadabadozee! Some of the events bring back happy memories from before Covid-19, I'm getting happier each time.**

Members



# CENTRAL BEDFORDSHIRE

## CANter

**Theme: Mental Health**  
**Area: Central Bedfordshire**

CANter is a horse therapy programme which provides equine assisted learning, and focusses on key issues and challenges faced by vulnerable children and adults. These can include anything from stress management, relationship issues, emotional, social and mental health difficulties. Given that horses are naturally gentle and calm creatures and are able to mirror and respond to human behaviour, they can be highly effective at interacting in a patient and non-judgemental manner. Those who struggle to articulate how they're feeling often find equine therapy useful as they're able to express their emotions and feelings with their horse.

Their most recent project, funded by the Luton Rising Near Neighbours Fund, ran over six weeks, and eighteen young people benefited from hour long sessions. Set in the countryside, the venue provides a peaceful setting for young people, many of whom have never visited such a place before, despite living just a few miles away. Suzanne, who runs the Centre, explained that the therapy can have a profound impact: one child spoke in public for the first time in three years during her experience there.

**He has really developed his communication skills and become less of a stroppy teenager!**

**The horses have enabled him to have some difficult conversations with us - things that he has never opened up about before.**

**She is such a quiet girl really afraid to talk to people but to see her open up and take the lead in some of the activities is incredible.**

Parents/carers and TAs



# CENTRAL BEDFORDSHIRE

## Carers in Bedfordshire

**Theme: Loneliness and Isolation**  
**Area: Central Bedfordshire**

Carers in Bedfordshire helps unpaid carers of all ages with information, support and advice, and are also a voice for carers. They offer support to carers by phone, face-to-face, support groups and workshops. Their services include experienced carer support workers, counselling, wellbeing sessions, coping with hospital, grants and information. They provide social activities and groups for carers who are isolated and lonely. These give carers with a chance to meet people in similar situations to themselves, reducing isolation and loneliness. Carers appreciate spending time with other carers. They feel less alone and are able to share challenges, information, and advice.

They also offer carers and their families wellbeing and selfcare sessions such as hairdressing, massage and footcare at subsidised rates.

As a voice for carers, they help carers have their say on caring matters in Bedfordshire, and beyond, working with the NHS, local councils, and influencing government, local and national.

**Talking to other parents is where I obtain information useful strategies and general chat from people that understand.**

**I find the carers group a wonderful help with socialising with other people in the same situation as they understand what caring involves. Also, it is a source of information which is a great help.**

Carers



# CENTRAL BEDFORDSHIRE

## Food Etc

**Theme: Life Skills and Aspirations**  
**Area: Central Bedfordshire**

Food Etc works with a range of disadvantaged families and other groups in and around Bedford to teach them how to cook cheap, tasty, and nutritious meals. This includes ESL students, adults with mental health challenges, young carers, and women who have suffered domestic abuse. The majority of their work is with parents with young children who come to the workshops to learn how to cook.

Each workshop focuses on one dish that the group cooks together, before sitting down to eat the meal they prepared and discuss food preparation, skills and recipes.

They have a very popular Fakeaway course, showing how to make typical takeaway meals more nutritiously at home for a fraction of the cost.

These benefits include helping to develop the confidence of the course attendees. By trying food and cooking skills that are new to them they learn that going outside of your comfort isn't always scary and can be enjoyable too. Cookery also touches on several areas of numeracy including weighing, proportioning, and estimating without people realising they are doing "maths".

**I am a firm believer in food being about community and it's the glue that pulls communities together. Whether that community is family, peers or work colleagues cooking and eating together brings with it a whole range of physical and mental health benefits beyond simply eating better.**

Food Etc's founder and director Julie Clay





## LUTON

## Several Seats

**Theme: Mental Health**  
**Area: Luton**

Several Seats is a social enterprise that promotes positive mental health in women from ethnic minority backgrounds. Their services are informed by lived experience and provide access to different networks and opportunities for learning and development.

They offer art therapy and have delivered four Sip and Paint workshops across Luton, each with 20 attendees. Art therapy can help people express themselves more freely, improve their mental health, and improve interpersonal relationships. The activities focused on supporting women from the BAME community who were disproportionately impacted by COVID-19 and struggling with their mental health.

The events gave the women the opportunity to network with other women from their community, make new connections and learn about how to manage anxiety and depression.

They also run Mindfulness Coffee Conversation, which provides women (particularly mums) with a safe space to connect over coffee and breakfast whilst having important conversations about managing their mental health.

Their work has led them to become a finalist in the SME National Business Awards.

**The whole environment felt like a safe space to share how you felt with others, and learning about ways to cope with worry and stress.**

**The workshop regarding anxiety as it was really insightful and finding methods that can help reduce anxiety. I loved the Sip and Paint as it was very therapeutic and the hospitality was amazing!**

**My favourite part of the Sip & Paint was how interactive it was and social element of connecting to new people.**

Sip and Paint Participants



## LUTON

## Community Interest Luton

**Theme: Poverty and Disadvantage**  
**Area: Luton**

Community Interest Luton works in partnership with local organisations and businesses to reduce unemployment in the area. The Lets Hub opened its doors for the first time in March 2015 and has flourished since then, supporting over 2,229 individuals.

The Hub provides support to those looking for employment as well as those who are economically inactive.

They offer intensive one-to-one support ranging from CV writing to job searching and assisting with job applications. There is a focus on increasing employability chances, raising self-esteem and confidence, improving engagement with education and training providers and preparing job seekers for job opportunities.

**With the support of the Community Trust Fund, a grant of £25,000 was awarded in April 2022 to help continue to offer this crucial provision.**

**In the last twelve months, they have assisted over 217 clients and successfully helped 17 people into full time employment.**

**The grant has enabled us to run the service through difficult times within our town. We received positive feedback from clients who attended the Hub for support. All clients became job ready.**

**Great program, good disability access, comfortable environment, and very helpful mentors. This program has improved my confidence using the computer, practising mouse control.**

Chairman Mostaque Koyes



## Autism Bedfordshire

**Theme: Life Skills and Aspirations**  
**Area: Luton**



Autism Bedfordshire is committed to breaking down social barriers for autistic adults and children and their families, providing inclusive spaces where they can feel comfortable and accepted without fear of judgment. Through the guidance of specialised staff, the organization focuses on boosting the confidence, self-esteem, and social skills of autistic individuals by encouraging their participation in social activities. There is also an emphasis on practical skills and independence, ultimately improving life prospects and inclusion. The overarching goal is to ensure that autistic individuals enjoy the same opportunities as those not on the spectrum, leading fulfilling lives.

Autism Bedfordshire extends support to parents, offering practical advice, information, and emotional assistance. The organisation also provides essential respite, allowing parents breaks from their caregiving responsibilities.

Autism Bedfordshire actively contributes to community awareness by conducting training sessions, educating schools, businesses, and community groups. By fostering understanding and acceptance, the organization strives to create an environment where autistic individuals can more easily engage with and integrate into mainstream society.

**I got my diagnosis at 41 years of age, and it is obviously a big deal. I was expecting further help from the NHS, but there was nothing to help me deal with a very confusing and life-changing information. Autism Bedfordshire is covering this gap and it was where I got the help I was looking for...**

**The course, Understanding my Autism, is perfect on this matter because it is bespoke for my neurodiverse brain...**

**My self-esteem and mental and physical health were severely impacted by not addressing some issues my autism caused me over the years...**

**What impacted me the most was understanding the idea of being a person that no longer had to change. I accept myself with my challenges and I can tell people what is causing me to act the way I do when changing is not in my best interest. Mainly, I can stop feeling this weight on me, the weight of trying to be someone I was doomed to fail.**

**I am autistic and will never be typical, so I can just be myself now.**

Individual supported by Autism Bedfordshire

## Revolution Community Fitness

**Theme: Wellbeing**  
**Area: Luton**

REVOLUTION is an all-inclusive social movement to improve the physical and mental wellbeing of our community.

Conceived in June 2019, REVOLUTION aims to bring the focus of health, fitness, and mental wellbeing further forward in minds while being mindful of the many social, cultural, and religious sensitivities.

Focusing on the BAME community, they encourage increased community cohesion, engagement in various sporting activities, breaking down barriers and making participation accessible to all.

The group has mobilised over 270 women to re-engage with physical activity and sports. They offer group runs where people can socialise as well as get fitter and healthier, not just physically but improve their mental health and wellbeing too. They have gone from strength to strength since their establishment and some of their members have gone on to compete in marathons. The all-inclusive social movement has taken great strides in improving the physical and mental wellbeing of hundreds of people and has been featured on the BBC.

Last year Revolution Fitness were granted £5,000 for their women's sports activities through the Luton Rising Small Grants Fund.

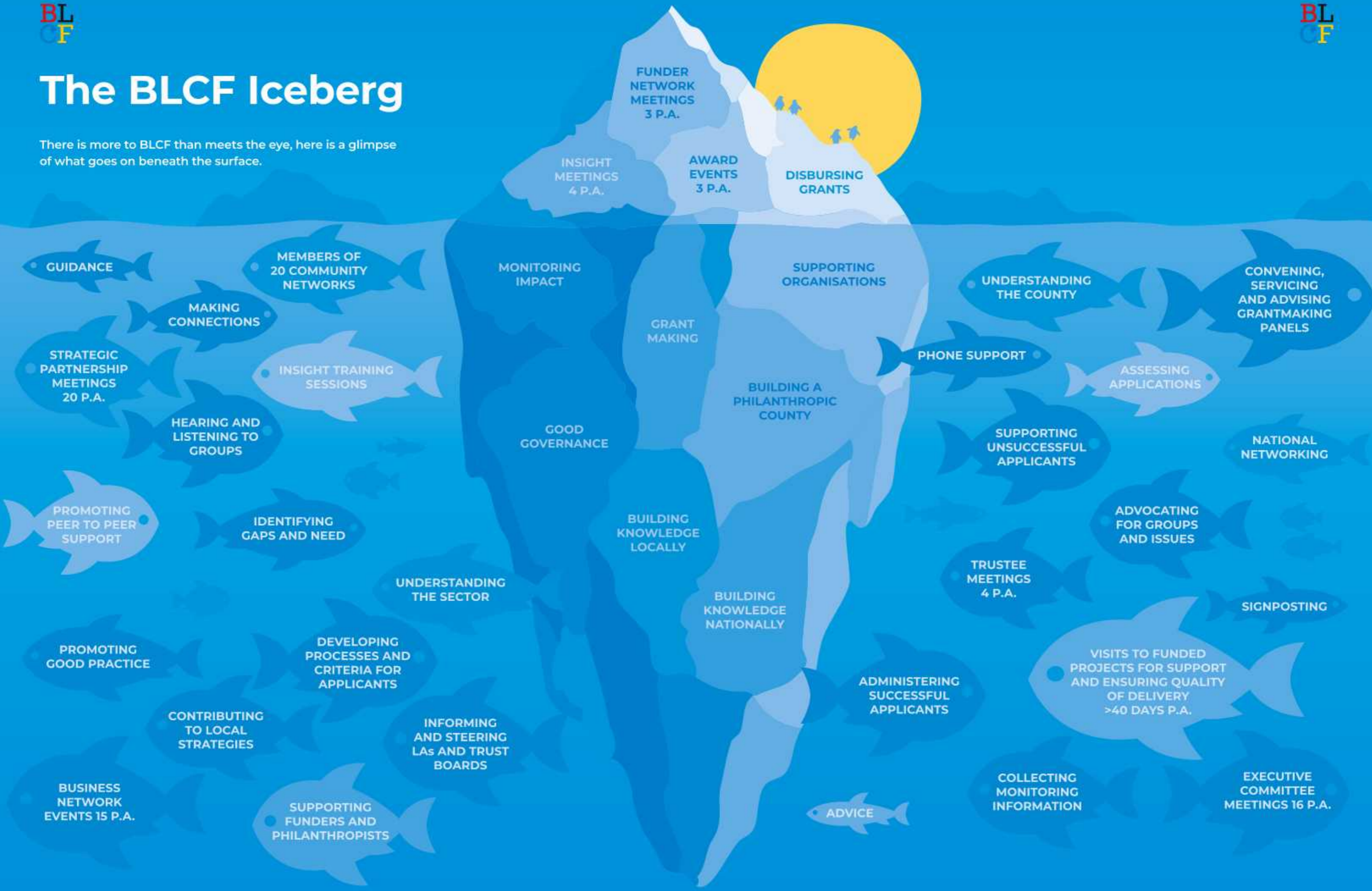
**The massive success of Women's Revolution is redefining what can be achieved for ethnically diverse women in our community, as full-time workers, wives, mothers, and caregivers.**

Group Founder Waled



# The BLCF Iceberg

There is more to BLCF than meets the eye, here is a glimpse of what goes on beneath the surface.



# Grants Programmes 2022/23

We are always involved in discussions with donors to offer new programmes, or to enhance or support other existing philanthropic programmes. Our Grants Programmes range from £25,000 to £3.5m p.a.

<p><b>BEDFORDSHIRE CULTURAL SUPPORT FUND</b></p> <p><b>DONORS</b> Arts Council England, Luton Rising, Luton Borough Council, Steel Charitable Trust</p>	<p><b>COMMUNITIES IN CRISIS FUND</b></p> <p><b>DONORS</b> Department for Digital, Culture, Media &amp; Sport via UK Community Foundations, and CSR partners</p>	<p><b>COMMUNITY INVESTMENT FUND</b></p> <p><b>DONOR</b> Luton Rising</p>	<p><b>COMMUNITY RECOVERY FUND</b></p> <p><b>DONORS</b> Contain Outbreak Management Fund via Luton Borough Council</p>	<p><b>COMMUNITY TRUST FUND</b></p> <p><b>DONOR</b> London Luton Airport Operations Ltd</p>	<p><b>EVOLVE BURSARY</b></p> <p><b>DONOR</b> Mark West Fund</p>
<p><b>FRANK BRANSTON FUND</b></p> <p><b>DONOR</b> Frank Branston Charitable Trust</p>	<p><b>GREENER FUTURES FUND LLAOL</b></p> <p><b>DONOR</b> London Luton Airport Operations Ltd</p>	<p><b>HARDSHIP FUND</b></p> <p><b>DONORS</b> BLCF, Fujifilm, CSR Partners</p>	<p><b>LuDUN FUND</b></p> <p><b>DONOR</b> LuDun</p>	<p><b>LUTON COLLABORATION FUND</b></p> <p><b>DONORS</b> Contain Outbreak Management Fund via Luton Borough Council, Core20plus5</p>	<p><b>THE MENTAL HEALTH COLLABORATION FUND</b></p> <p><b>DONORS</b> The Steel Charitable Trust, The Amateurs Trust, Luton Rising, The Wixamtree Trust, The Connolly Foundation</p>
<p><b>LUTON YOUTH FUND</b></p> <p><b>DONOR</b> Luton Rising</p>	<p><b>NEAR NEIGHBOURS FUND</b></p> <p><b>DONOR</b> Luton Rising</p>	<p><b>SMALL GRANTS FUND</b></p> <p><b>DONOR</b> Luton Rising</p>	<p><b>LUTON CITIZENS FUND</b></p> <p><b>DONORS</b> Luton Rising, Luton Borough Council, Countain Outbreak Management Fund via Luton Borough Council, VERU, PHE</p>	<p><b>WHITBREAD CHAIRMANS FUND</b></p> <p><b>DONOR</b> Whitbread plc</p>	<p><b>WILKES ALMS FUND</b></p> <p><b>DONOR</b> The Wilkes Alms Charity</p>



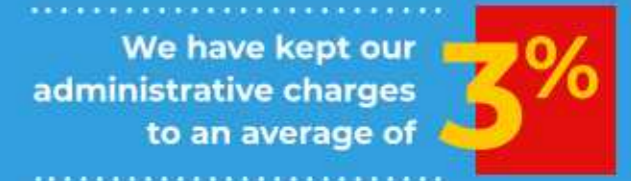
To find out more about how to get involved in contributing to funds or setting up a Named Fund in our Guide To Giving [CLICK HERE](#)



To find out more about our charity and download our Annual Accounts from the Charity Commission [CLICK HERE](#)

# Sustainability

At BLCF we know that the security and sustainability of the voluntary sector in Bedfordshire is dependent on us.



# Our Accountability

Our Strategic Plan 2022 - 2027 LOCAL FOCUS. LASTING CHANGE recognises the strategic context of partners, funders, and stakeholders and ensures that we add to and enhance the landscape of support available for the voluntary and charity sector in Bedfordshire.

To support us in delivering our commitments, we have made ourselves accountable with key organisations

## Climate Crisis

We are committed to the **Six Pillars** of the Funders' Commitment on Climate Change:

- 1 Educate and Learn
- 2 Commit Resources
- 3 Integrate
- 4 Steward our Investments for a Post-Carbon Future
- 5 Decarbonise our Operations
- 6 Report on Progress



## Equalities

As a member of **Funders for Racial Equality Alliance (FREAA)**, BLCF commits to tackling racial inequality. We measure this through FREAA's annual audit.

### FREAA AUDIT RESULTS 2023

**36%** of our grants directly support communities facing ethnic or racial inequity, 21% in 2022

**34%** of grantees have diverse leadership, 33% in 2022

**40%** of our grants go to organisations that benefit communities experiencing racial inequity



## Open Grantmaking

We signed up to the **Eight Commitments** of IVAR's Open and Trusting Grantmaking:

- 1 Don't Waste Time
- 2 Ask Relevant Questions
- 3 Accept Risk
- 4 Act with Urgency
- 5 Be Open
- 6 Enable Flexibility
- 7 Communicate with Purpose
- 8 Be Proportionate



## Quality Accredited

Community Foundations UK accredit our Quality of:

- Governance
- Financial Management
- Grantmaking
- Communication
- Reach into our communities



# Vital Signs

In 2023, we carried out an extensive Vital Signs research project which focused on understanding local priorities. These were:

## Equality and Stronger Communities

**43%** felt empowered to tackle social inequality and/or injustice in their community.

**34%** described the disadvantage and inequality in the area as "very bad".

**31%** said that sometimes they don't have enough money to buy food.

Between 2022-23 BLCF awarded 44 grants totalling £350,541 to maximise people's ability to strengthen community cohesion.

## Climate Emergency and Environment

**73%** said that they are passionate about playing their part to combat climate change.

**34%** believe that their local community is responding well to the Climate Emergency.



BLCF is proactively seeking partners to support community groups to tackle the Climate Emergency together. [Click here for more information](#)

## Employment and Local Economy

**24%** chose this to be the No.1 priority for the county.

**26%** felt it was difficult to find a job in the area.

**33%** felt there was a lack of good quality jobs in the area.

Between 2022-23 BLCF awarded 40 grants totalling £195,039 to help improve life skills, education, employability, and enterprise.

## Mental Health

**70%** believe that the current state of mental health provision in the area is "not good".

**46%** reported that social isolation has impacted their mental health in the last 12 months.

Only **10%** of people with mental ill-health access treatment or support.

Between 2022-23 BLCF awarded 65 grants totalling £1,639,829 to offer better mental health provision in our county.



### Read more

Vital Signs research plays a crucial role in setting our future funding priorities. The findings enable us to start meaningful conversations with our donors about current issues and opportunities directly informed by the voices in the communities. For more information [CLICK HERE](#)



# Get in Touch

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To find out more, please sign up to our newsletter:  
[blcf.org.uk/newsletter](http://blcf.org.uk/newsletter)



A registered charity in England and Wales number: 1086516  
A company limited by guarantee in England and Wales number: 04141953